

# Personal Health Budgets Beginners Workshop 14<sup>th</sup> and 15<sup>th</sup> January 2012 Newmarket & Melton Mowbray

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#PHBME13

# WELCOME

## Clear intentions

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Rt Hon Andrew Lansley M.P. (Oct 2011) - People receiving Continuing Health Care support from the NHS will have the right to ask for a personal health budget, by April 2014 subject to the evaluation



Rt Hon Norman Lamb M.P. (Nov 2012) - The roll out of personal health budgets has been announced. The evaluation shows that those with the greatest needs benefit most from personal health budgets. That's why we are giving people on NHS continuing healthcare the chance to get one first.

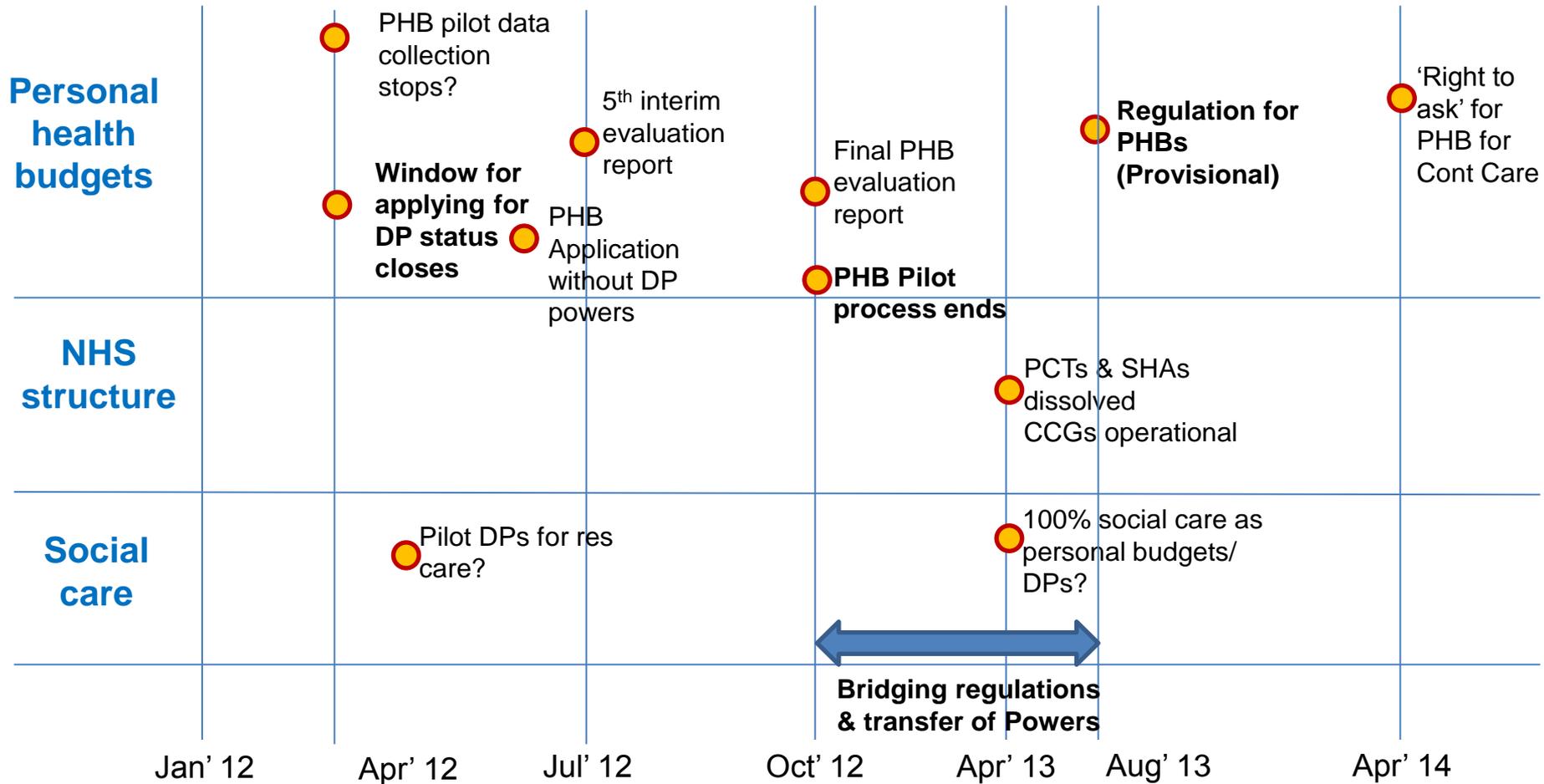


NHS Commissioning Board – The NHS Mandate - Patients who could benefit will have the option to hold their own personal health budget, subject to the evaluation of the pilot programme, as a way to have even more control over their care

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# PHB - milestones



**Only 1 year between CCGs becoming operational and 'right to ask' for PHB for continuing care – Shadow CCGs need to start preparing for PHBs now.**

# PHB Context - “No decision about me, without me”

## Personalisation

The process by which services can be adapted to suit you.

## Self-directed support

A change to the way the health and social care system operates to give you choice and control over the support you receive.

## Personal health budget

A plan for your health care that you develop, knowing how much NHS money is available.

## Personal budget

An amount of money your council makes available to help you meet your social care and support needs.

# What is a Personal Health Budget

- ▶ The person must:
  - ▶ Agree the **outcomes** that must be achieved with the money based around identified **need**
  - ▶ Know how much money they have in their Personal Budget on an on-going basis
  - ▶ Be able to spend the money in ways and at times that make sense to them
  - ▶ The plan must be agreed before it can be put into action



# Personal health budgets

Dawn Stobbs

Personal health budgets delivery team  
Department of Health





# Personal Health Budgets

- **A personal health budget is an amount of money to support a person's identified health and wellbeing needs, planned and agreed between the person and their local NHS team.**
- **The vision for personal health budgets is to enable people with long term conditions and disabilities to have greater choice, flexibility and control over the health care and support they receive.**
- **Personal health budgets offer the opportunity for people to work in equal partnership with the NHS about how their health and wellbeing needs can best be met.**



## Backdrop

**Personal Health budgets are just part of the drive to personalise services for people in Health and Social Care-and more widely.**

- **Personalised Care planning**
- **Choose and book**
- **Personal budgets**
- **Decision making**
- **Right to Control**
- **SEND pathfinders**



## The essentials

**The person with the personal health budget (or their representative) will:**

- **be able to choose the health and wellbeing outcomes they want to achieve, in agreement with a healthcare professional**
- **know how much money they have for their health care and support**
- **be enabled to create their own care plan, with support if they want it, and the right information to make decisions**
- **be able to choose how their budget is held and managed, including the right to ask for a direct payment**
- **be able to spend the money in ways and at times that make sense to them, as agreed in their plan.**

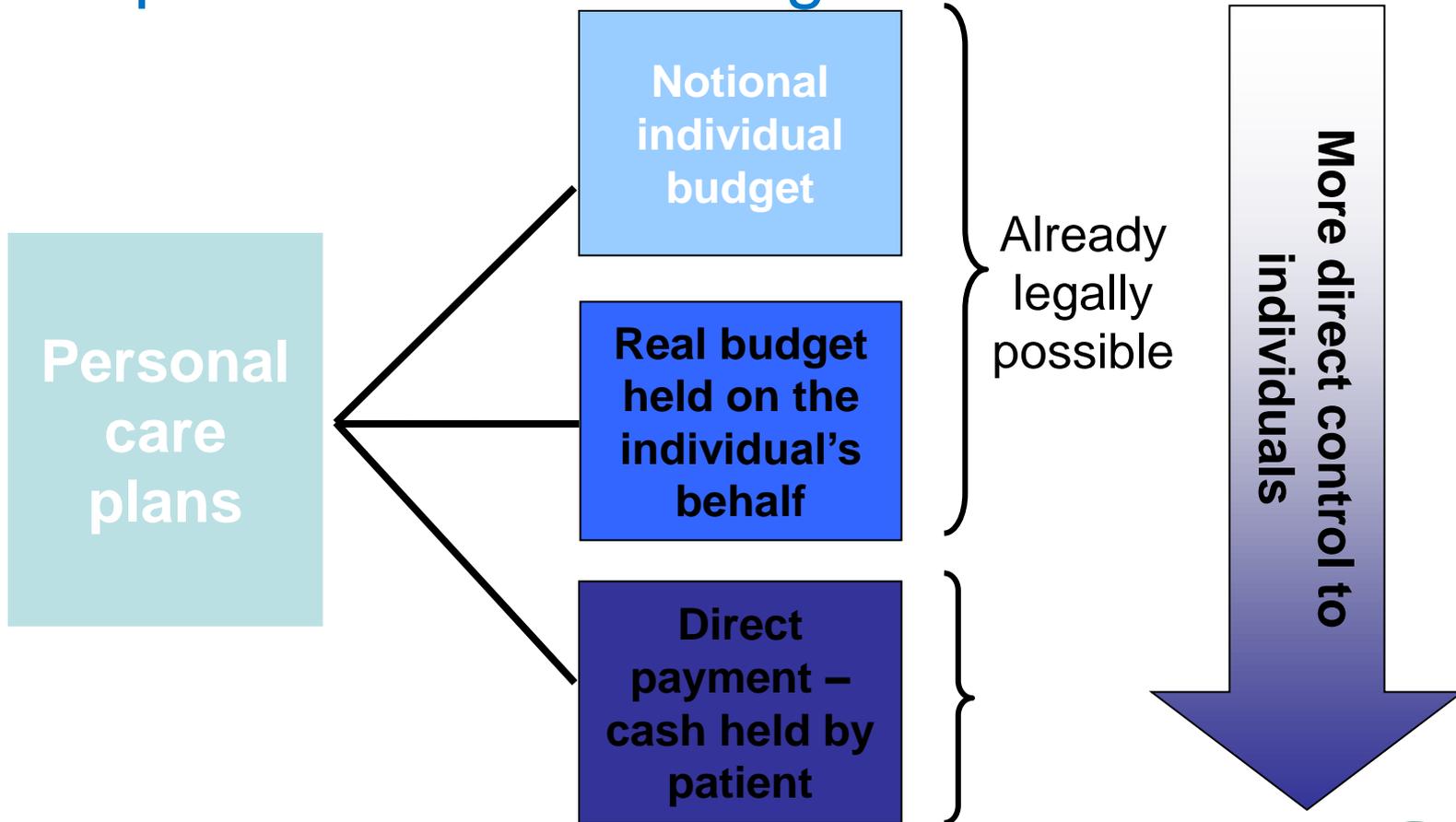


## The steps of the personal health budgets process





# Different ways of delivering a personal health budget





## Pilot Programme

- **Three-year pilot programme tested out personal health budgets in the NHS, involving 70 PCTs in England**
- **Over 2,700 people in the pilot: including people with a range of long term conditions i.e. COPD, stroke, diabetes, neurological, mental health needs**
- **People in receipt of NHS Continuing Healthcare, many of whom previously received personal budgets in social care, were a key group**
- **The pilot drew to a close in October 2012**



## Evaluation

- **In-depth study with twenty of the pilot sites explored how best to implement personal health budgets, and who will benefit most**
- **Five interim evaluation reports published during the pilot by independent personal health budgets evaluation (PHBE) team, led by University of Kent**
- **Focused on early experiences of pilot project managers, practitioners and budget holders and set-up costs**
- **Final independent evaluation report published November 2012**



## Evaluation Results-the headlines

- **People had a significant improvement in their care related quality of life and psychological well being but their health status stayed the same.**
- **Personal health budgets were found to be of benefit to individuals with higher level of need.**
- **They worked better where people were given more choice and control over what they bought and how they received the budgets. Peoples outcomes were worse in sites where tighter control was placed on the choice and flexibility available.**
- **Family carers were more likely to report a better quality of life and perceived health than those in the control group.**
- **In patient costs fell for people with a personal health budget, suggesting people spent less time in hospital.**
- **Personal health budgets were found to be cost effective particularly for people receiving NHS continuing health care and using mental health services.**



## The future

- **All people eligible for NHS continuing health care will have a “right to ask” for a personal health budget by April 2014**
- **From 2015 there will be a wider “right to ask” for people with a long term condition and who would benefit from a personal health budget.**
- **Responsibility for this agenda moves to the National Commissioning Board on 1<sup>st</sup> April 2013.**



## Direct payments for health care – where are we?

- **Currently illegal in the NHS.**
- **Except-Secretary of state has been able to grant powers to pilot sites since summer 2010.**
- **National consultation planned on widening powers to all England. (to start soon)**
- **Hoped to have wider powers in place by the autumn.**



# Personal health budgets toolkit and learning network

Brings together learning from the DH's personal health budgets pilot programme, and shows how personal health budgets can be implemented well.

For people working in the NHS or working with personal health budgets more widely, and people eligible for a personal health budget and their families

Some parts of the toolkit aimed at particular groups such as frontline healthcare practitioners, or finance managers

[www.personalhealthbudgets.dh.gov.uk/toolkit](http://www.personalhealthbudgets.dh.gov.uk/toolkit)