

Cambridgeshire
Alliance for
I ndependent
Living

# Free Training for Personal Assistants

### in Cambridgeshire

Penderels Trust and Cambridgeshire Alliance for Independent Living are running a free training session for PAs employed by people with disabilities living in their own homes.

This fun and interactive session will give you the opportunity to develop your skills and knowledge and also gives you the chance to share your ideas and experience with other PAs in your area.

#### The course covers:

- Understanding your role
- Your personal development
- Working in a person-centred way
- Communication
- Safeguarding opportunities

- Health and safety
- Handling information
- An introduction to further training opportunities

See overleaf for course details







## We are running 8 sessions of the same training course, please choose the best one for you.

Area	Date	Venue
March	22nd September	Room 7, March Community Centre, 34 Station Road, PE15 8LE
Littleport	29th September	E-space North, 181 Wisbech Road, CB6 1RA
Cambridge	12th October	The Meadows Community Centre, 1 St Catharine's Road, CB4 3XJ
St Neots	19th October	Cloisters Room, Priory Centre, Priory Lane, PE19 2BH
Wisbech	2nd November	WSM Community Centre, Beechings Close, PE13 4SS
Isleham	9th November	The Beeches Community Centre, 32 Mill Street, CB7 5RY
Huntingdon	23rd November	Medway Centre, Medway Road, PE29 1SF
Melbourn	30th November	Melbourn Community Centre, 30 High Street, SG8 6DZ

All venues are accessible and have free car parking available (with the exception of St Neots which is pay and display).

Time: 10am to 3pm

**Cost:** Free including reimbursement of travel expenses (please note your mileage/bring receipt).

We can also cover replacement PA costs, please speak to us if you need to apply for this.

**Refreshments:** A light lunch and hot and cold drinks will be provided.

### To book your place or for more information

please contact Tracey on 01284 592 418 (between 10am and 2pm)

or email her at cambridgeshire@penderelstrust.org.uk

Places are limited and will be allocated on a first come, first served basis.

Training delivered by Penderels Trust and Cambridgeshire Alliance for Independent Living (CAIL). Funded by Skills for Care.