

Framework Housing Association Last Orders Alcohol Service

Set up in July 2009 and funded by NHS Nottingham City PCT, Last Orders provides a range of treatment options for adults living in Nottingham City who wish to reduce the amount of alcohol they drink. The service is nurse led, involves service users and gives volunteering and mentoring opportunities.

The service provides a single point of access for all people in Nottingham with an alcohol problem with a same day assessment by a clinical nurse specialist and triage to appropriate services. Last Orders also has primary care clinics, a recovery service, court assessments for alcohol treatment requirements, free training and consistent health promotion messages across Nottingham City.

At the single point of access people can be

referred from all sources or just walk in and depending on the severity of their alcohol problem can be triaged to the correct ongoing service.

The service also runs 14 primary care clinics across the city, where lower risk drinkers are seen for a maximum six sessions, where they are offered advice as part of a preventative service.

The recovery service sees dependent drinkers who may have low level mental and physical health problems for a period of up to five months. Treatment varies from group work to one-to-one counseling, moderation and abstinence groups, and various psycho-social interventions.

Last Orders specialist alcohol workers will also attend court on the day of referrals to assess individuals for the suitability of an Alcohol Treatment Requirement.



Framework Housing Association Last Orders Alcohol Service

Employed by the service, the Alcohol Health Promotion Specialist for Nottingham City ensures a consistent alcohol message is given across the city, allowing the service to target the most vulnerable and marginalised groups.

The service also offers free training to health professionals and others across Nottingham, including alcohol and drug awareness, advice and information on their physical affects.

The service provides a no stigma approach, early intervention, quick access and triage into appropriate services with the consent of service users. The aim is to reduce inappropriate use of other health care services and a reduction in the use of the emergency department and acute hospital beds.

The pathway is now very simple and quick with less assessments for people to go through.

The service has also provided a consistent message across Nottingham City and aims to save health money across the city.

“If this service had not been here I don’t know what would have happened to me. Having the nurses there gives you so much confidence” Patient X

Patient X, who presented herself with a friend at the single point of access, is one example of the work of the Last Orders Service. On arrival she was agitated, sweating, shaking and seemed a little confused. She had no money to purchase alcohol and was unable to return home as she was the victim of an escalation of domestic violence. The clinical nurse specialist was able to assess and refer her into crisis detox on the same day, where she stayed for two weeks before being transferred to a women’s refuge.

For further information on Framework Housing Association and Last Orders visit www.frameworkha.org, email lastorders@frameworkhousing.org or telephone 0115 970 9590.