



# The Young People's Health Partnership

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Brook

# Who is the YPHP?



- A partnership of charities, launched in April 2013 lead by NCVYS:
  - Addaction
  - Association of Young People's Health
  - Brook
  - CLIC Sargent
  - StreetGames
  - YouthAccess

# What is the YPHP aim?



- We act as champions for young people's health and aim to:
  - give young people a voice and opportunity to participate in policy
  - improve voluntary sector influence on health policy
  - ensure health and wellbeing policy and practice meets young people's needs
  - empower young people to be independent users of health services

# Why young people?



1. Because poor adult health can have roots in adolescence
  - Over 85% of smoking, alcohol, drugs and sexual risk behaviours and other key risk factors are initiated during adolescence
  - Low levels of physical activity contribute to overweight & obesity, isolation and mental health problems.
  - 14-25 year olds growing up in areas of deprivation are about half as likely to be taking part in sport as their more affluent peers.
  - 1 in 10 children and young people at any time have a mental health problem.

# Why young people?



2. Because the transition from child to adult health needs support
  - Good transition in ill health can improve outcomes
  - Good young people's service in public health can prevent ill health
  - Young people develop independence in accessing preventative services
  - Sexual or mental health services may be the first time a young person has used a service
  - Young people's services can be a gateway to better health

# Why young people?



3. Young people are largely unrepresented in health policy
  - Trend is to integrate young people & adult services, but...
  - Young people tell us they don't want to access child or adult services
  - More responsive services can be driven by listening to what young people want

# What can YPHP do?



- Understand and communicate young people's experiences;
  - Key data on adolescence (AYPH)
  - XES mapping tool (Brook)
- Give young people opportunities to influence national health policy
  - CQC reviews
  - Healthwatch
  - NHS England
  - Public Health England

# What can YPHP do?



- Put young people's views front and centre
  - We work directly with more than 350,000 young people each year
  - We have contact with thousands of other practitioners and providers
  - Use this experience to influence throughout national and local government
- Identify and share best practice geographically and in the field
  - AYPH & Youth Access - GP pilots
  - StreetGames – Street-fishing pilot in Walthamstow



# What **else** can we do?



- The partnership is new and we are finding new ways to influence every day
- We have had a great deal of **national** success in a short space of time
- What can we do for **you** locally?
  - What local opportunities do you have for young people to have a voice?
  - How can we help you help young people influence locally?
  - How can you feed into a national programme?
- Tell me today...

# Or contact us anytime



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