

# Case study

## New Parks Community Boxing Gym

Based in the New Parks area of Leicester, the New Parks Community Boxing Gym was awarded funding by the Leicester Sound V Project to engage 30 young people, aged 16 to 25, in volunteering within the gym in return for gaining recognised qualifications including First Aid training and an ABA boxing tutor qualification.

The funding allowed the volunteer coach and founders of the gym to attract new and younger volunteers, many of whom have remained with them or successfully moved on to employment and further education.

The gym also runs ISSP (intensive supervision and surveillance programme) for young people on the verge of going to prison or who have been recently released, work experience to students in their final year of school, after-school boxing clubs, and a stop smoking and get active programme for local residents.

Initially opened with £10,000 funding from Leicester, Leicestershire & Rutland Community Foundation and The Safer Leicester Partnership, the gym is now self-sustainable through aluminum can recycling, subs and memberships.

*"We work on fitness, respect and self-esteem for all people in the community, regardless of colour or faith."* Serina Leane, volunteer coach and gym founder

For further information visit [www.newparksboxing.info](http://www.newparksboxing.info)

