

Case study

LhivE

LhivE, run by a group of people from Leicester, Leicestershire and Rutland living with HIV, empowers others living with the condition to lead fulfilling and safe lives.

The group aims to realise the rights and responsibilities of individuals living with HIV, representing their needs and wishes in decision making processes that will affect their lives and the services provided to them.

Based at LASS (Leicestershire AIDS Support Services), the group offers peer led support, counselling, group discussions, volunteering and training opportunities, retreat weekends and positive speakers to people living with HIV by those who are best placed to understand and have had similar personal experiences.

The group has also generated some of its own income, which means they can expand the services they provide.

For more information visit www.lass.org.uk/lhive

