



## Young Peoples Health Forum Event Programme

09:30 - 10:00	Arrival, registration and refreshments
---------------	--

### 10:00 Welcome & Introduction

**Morning Chair: Simon Worsley**

Chair of the East Midlands Voluntary Youth

### 10:05 Understanding the new H&SC landscape

**Bev Taylor** - Regional Voices

Policy lead on public health, CQC and Healthwatch

**Positive action for YP health: Summary of national support available, current research and good practice examples.**

### 10:30 The Young People's Health Partnership

**Juliet Hillier** - Deputy Chief Executive of Brook

on behalf of the Young People's Health Partnership

11:00 – 11:15	Refreshments & comfort break
---------------	------------------------------

**Positive action for YP health: Action into practice -Examples from the region:**

### 11:15 An insight into eating disorders

First Steps - Derbyshire's only eating disorder charity

**Marc Thrasivoulou:** Young Person's Co-ordinator

### 11:35 'Essence' holistic healthy lifestyle programme

Delivered by Blend Youth Project; part of the youth work provision of local charity Valley CIDS

**Emma Wightman:** Senior Youth Worker at Blend Youth Project

### 11:50 Building Resilience - a case study of work with young people.

**Maureen O'Callaghan:** Now Unlimited

### Open discussion

Chance to highlight other good examples from the region

+ How do we want to hear about or share information on effective working?

**12:35** *Children England's Manifesto for CYP and families (tbc)*  
**Sue Thomas:** Children England  
*+ opportunity over lunch for delegates to contribute to the CYP health strand*

<b>12:45 – 13:30</b>	<b>Networking lunch</b>
----------------------	-------------------------

**Building the voice of YP in H&SC services and accountability:** Learning from National and local examples

**13:30 Introduction to aims of the afternoon**  
**Rachel Quinn** – Chief Executive One East Midlands

**13:35 Increasing the voice of young people in the planning and commissioning of an “Integrated Behaviour Pathway” – Derby and Derbyshire’**  
**Louise Bates** - Public Health Manager Derby City Council and  
**Adele Styles** – Children and Young People’s Engagement Officer, Derby CC

**14:00 Involving young people in the design, development and evaluation of local health services**  
**Sophie Contractor** - Head of Programmes at Changemakers

**14:30 Facilitated discussion with CCGs, Public Health and Healthwatch**

**15:25 Briefing summing up of the day**  
**Ian Tannahill:** Head of Youth Work Development Valley CIDS and Member of EMVY Steering group

<b>15:30</b>	<b>Event Close</b>
--------------	--------------------